

**MENTORING SYSTEM**  
**Government Polytechnic College, Palakkad.**

## **Mentoring System**

The goal of higher education is to shape the personality and character of the human being for their own betterment, and also making them capable of sustaining in the society and in nature and ultimately for the development of a nation. The student mentoring system helps to provide guidelines and support to the students in different avenues of academic and personal aspects. Under the Mentor-Mentee system, the college aims to improve the overall personality development of the students and to inculcate qualities like problem solving, decision making, stress management, self motivation and human values.

## **Objectives**

1. To develop healthy relationship between students and teachers
2. To ensure academic and personal excellence of the students
3. To inculcate the human values among the students

## **Methodology**

The teachers should interact with students on discussion mode on topics and issues related to their personal and academic aspects. Teachers should be empathetic towards the issues of students and should value their thoughts. It is essential for giving exposure, guiding thoughts, and realizing their values.

The topics of discussion may include :

- Students aspirations and future plans
- Career guidance and counselling
- Encouraging self motivation
- Responsibility towards society
- Influence of peer pressure
- Valuing relationships
- Behavioral and disciplinary aspects
- Health and hygiene and mental well being
- Encouraging talents and extra-curricular activities
- Issues related to coping up with new atmosphere

## **Guidelines**

1. Mentor should maintain a record of all the details of their mentees
2. Groups should remain for entire course duration.
3. The mentor should conduct regular meetings and discussions on any problem may it be academic, financial, psychological, etc.
4. There should be a continuous review of students' progress.
5. The interactions and meeting should be recorded.
6. The mentor should identify the poor learners and interact with them to resolve the pproblem.
7. The mentor can involve the Parents or Head of the institution for reforming of the student issues.

## **Responsibilities of Mentor**

- Introduction of group and discussion of the mentor – mentee system.
- Call of meeting and record of details in the form about goal setting & action plans
- Mentor shall advise and take necessary actions about the attendance of mentee with regards to SBTE rules.
- Mentor shall keep the track of the overall academic performance of the mentee through counselling
- Keep a track of attendance and academic performance.
- Provide emotional support
- Contact the parents and inform them about the progress of their ward.
- Arrange remedial teaching, if necessary.
- Encourage the students to take the advice and guidance of the mentor whenever essential

## **Responsibilities of Mentee**

- Fill the information in the prescribed form
- Attend meeting regularly
- Seek advice from the mentor whenever required
- Discuss with the mentor your progress in academics and other fields